

CME Program

Learning Objectives:

- ✓ Recall how the risk of sickness absence, adjusted for age, was associated with work-related symptoms or complaints in this study population with work tasks ranging from clerical to heavy manual work.
- ✓ Describe the observed associations of sickness absence with family matters, domestic work, and financial status.
- ✓ Explain how sickness absence is a function of life style factors including substance use in men and women.

Credits

The American College of Occupational and Environmental Medicine (ACOEM) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

ACOEM designates this educational activity for a maximum of one (1) hour category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

This CME activity is intended for occupational and environmental medicine health professionals with an interest in the diagnosis and management of work-related diseases and conditions.

To earn CME, you must answer at least 70 percent of the questions correctly. Correct answers will be published in a future issue of *JOEM*. You will receive notification of pass/fail within four weeks of receipt of your test.

JOEM, November 2004

CME Article #3

Pages 1134-1143



AMERICAN COLLEGE OF
OCCUPATIONAL AND
ENVIRONMENTAL MEDICINE

CONTINUING MEDICAL EDUCATION

November 2004 (submission deadline January 15, 2005)

How Do Job Characteristics, Family Situation, Domestic Work, and Life Style Factors Relate to Sickness Absence? A Study Based on Sweden Post

Voss, et al.

CME Questions

- 1** Among the following work-related symptoms or conditions, the one related to fewest cases of high sickness absence was
 - a) back complaints.
 - b) neck/shoulder complaints.
 - c) asthma.
 - d) physical exhaustion following work.
- 2** After adjusting for other variables having to do with family and domestic work, a relatively weak financial situation correlated with increased sickness absence in
 - a) women.
 - b) men.
 - c) both women and men.
 - d) neither women nor men.
- 3** For married or cohabitant women, a high domestic work load _____ associated with high sickness absence.
 - a) was
 - b) was not
- 4** After adjusting for age and all life style factors, use of all of the following except _____ increased the risk of sickness absence in both men and women.
 - a) tranquilizers
 - b) alcohol for sedation
 - c) tobacco
 - d) analgesics
- 5** Which of the following statements is NOT correct?
 - a) In women, high sickness absence was more than twice as likely if recovery was needed after remaining home with a sick child.
 - b) The risk of high sickness absence was reduced in women having work-related contacts outside the workplace.
 - c) For men, divorce doubled the risk of high sickness absence.
 - d) Men who reported being anxious about down-sizing were disposed to high sickness absence.

ACOEM Continuing Medical Education in JOEM

EXAMINATION ANSWERS

CME Article #3 – November 2004
(submission deadline January 15, 2004)

How Do Job Characteristics, Family Situation, Domestic Work, and Life Style Factors Relate to Sickness Absence? A Study Based on Sweden Post – Voss, et al.

CME questions are on the previous page.

Question 1

A B C D

Question 2

A B C D

Question 3

A B

Question 4

A B C D

Question 5

A B C D

EXAMINATION EVALUATION

1. Were the stated program objectives successfully met?

Yes No

Partially (please explain) _____

2. Were the selected article and related questions relevant to your practice?

Yes

No (please explain) _____

3. Do you anticipate that your participation in this program will result in any change in your practice of occupational and environmental medicine?

Yes

No (please explain) _____

I certify my actual hours spent to complete this activity to be _____ hours.

Signature _____ Date _____

PAYMENT INFORMATION

A fee of \$20 for ACOEM members/*JOEM* subscribers, and \$40 for non-members will be charged for each test.

After completing the test, mail a photocopy or fax this form with payment to ACOEM by the deadline published on the test.

If paying by check, make the check payable to ACOEM and mail to:

ACOEM
Dept. 77-6583
Chicago, IL 60678-6583

If paying by credit card, you may also submit the test via fax. The ACOEM fax number is:

847/818-9286.

If you have questions about the CME process in *JOEM*, call ACOEM at **847/818-1800** and ask for the Education Department.

CUSTOMER INFORMATION

Name _____

Mailing Address _____

City _____

State/Province _____

Postal Code _____

E-mail address _____

Payment Method – Tests received without payment will not be processed.

ACOEM Member/*JOEM* Subscriber – \$20 Non-member/Non-subscriber – \$40

Check enclosed payable to ACOEM (U.S. Funds Only)

MasterCard VISA American Express Discover Card Diners Club

Credit Card Number _____ Exp. Date _____

Signature _____

FOR OFFICE USE ONLY: Amt. Paid _____ Check# _____

Batch# _____ Date _____