ACOEM Courses in Occupational Medicine

- **New to the field of occupational and environmental medicine?** ACOEM courses are the best preparatory training you can receive: practical, relevant, and essential.

- **Experienced OEM physician? Past attendee?** You must remain current in this changing field. Acquire the knowledge and skills to maximize your success. Select the specific training you need.

  “The American College of Occupational and Environmental Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians”

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**Foundations in Occupational Medicine**
For physicians interested in – but not particularly familiar with – occupational medicine (OM), ACOEM’s Foundations of Occupational Medicine courses provide an excellent and comprehensive introduction. You will obtain practical information that will be useful in managing the clinical, regulatory, and administrative functions of an OM practice – at a primary care level. **This course is presented in two segments that can be taken in any order.**

**Occupational Medicine Board Review**
If you are striving to reach – or maintain – the definitive credential in your profession - occupational medicine certification by the American Board of Preventive Medicine (ABPM) - look no further for expert assistance and instruction. Now you can prepare confidently for the certifying or recertifying examination. By taking the ACOEM Occupational Medicine Board Review course, you can refresh your knowledge of the exam’s content, identify strengths and weaknesses in your preparation, and learn how to concentrate on areas needing more review. The American Board of Preventative Medicine hosts a Maintenance of Certification exam at the conclusion of ACOEM’s course. For exam registration and details visit [www.theabpm.org](http://www.theabpm.org).

**Medical Review Officer (MRO): Drug and Alcohol Testing Courses**
This course offers current and aspiring medical review offices (MROs) an excellent opportunity to increase and update their knowledge and familiarity with changes in substance abuse testing and federal regulations affecting the role of MROs. This course will also provide an opportunity to comply with the mandatory Department of Transportation requirements of MRO training and certification.

**MRO Fast Track vs. MRO Comprehensive – What’s the difference?**
The Fast Track course is 1.5 days in length and is most useful to attendees that have a basic familiarity with the duties of an MRO. The Comprehensive course is 2 full days in length and covers the material in greater detail. It is best utilized by those who are new to the duties of an MRO.

The same syllabus is used for both courses.

The Medical Review officer Certification Council (MROCC) holds its certifying exam following the ACOEM course. For exam registration and details visit [www.mrocc.org](http://www.mrocc.org).
**Commercial Driver Medical Examiner**
The highly successful Commercial Driver Medical Examiner (CDME) course, led by Dr. Hartenbaum and her faculty for more than a decade, has been expanded to include required details about the FMCSA, how to complete the medical form, and components of the physical examination. This ME training course conforms to FMCSA’s training curriculum modules and topics on regulations and guidelines for conducting CMV driver medical examinations. FMCSA regulations and guidelines are reviewed regularly, and the training is updated as required.

**Musculoskeletal Exam & Treatment Techniques**
This two-day course will feature both lectures and interaction with a diverse faculty who will deliver a significant “hands-on” workshop component. The didactic portion will include lectures on general management of work injuries, causality analysis, orthopedic urgencies and emergencies, and the timing and choice of x-rays in addition to discussing examination and treatment techniques for individual body parts. The workshops will review selected aspects of the physical examination and give an overview of injection techniques.

Overall, emphasis will be placed upon those topics that will be of the most relevance to everyday practice. In addition to focusing upon the “usual” diagnosis and treatment issues, the faculty has drawn upon their own considerable experience in reviewing the work of other physicians who manage compensable injuries to get a sense of which aspects of patient care are most often deficient. As a result, this course will not only provide general information regarding the diagnosis and treatment of musculoskeletal injuries, but also will convey how management of patients who have been injured at work differs from management of patients with non-work-related musculoskeletal complaints.

**Work Disability Prevention for Clinicians:**
**Mastering your Role in the Stay-at-Work/Return-to-Work Process**
After attending this workshop you will be able to deliver more practical value to patients, employers, and insurers. It will increase the accuracy and usefulness of the guidance you give others in the stay-at-work and return-to-work process – and your effectiveness at preventing needless work disability and helping people stay employed.

During the course you will identify an opportunity for improvement in your own work environment and explore the practical steps involved in making that change. You will leave with more wisdom as well as an action plan, as well as a notebook that includes a set of clinical tools including standardized questionnaires, forms, protocols, resource materials, and an annotated bibliography.

**Spirometry Testing in Occupational Health – Physician Update**
Occupational medicine physicians frequently use spirometry in their practices, but traditional training rarely prepares them to appreciate the impact and scope of the technical pitfalls of pulmonary function testing, nor does it introduce them to optimal spirometry interpretation algorithms. Practitioners may also evaluate workers with complex respiratory conditions who they determine require further diagnostic tests to confirm or refute a diagnosis of lung disease, in some cases without understanding the role that these additional tests play in establishing a diagnosis. This ACOEM course addresses both of these limitations, drawing information on spirometry from a comprehensive NIOSH-approved course, and selecting case examples for a physician audience to illustrate the roles of spirometry and other diagnostic tests in the evaluation of workers for occupational lung disease.

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For the current course schedule and registration information go to [http://www.acoem.org/courses.aspx](http://www.acoem.org/courses.aspx)

Check out [www.acoem.org](http://www.acoem.org) for distance learning opportunities, and information on the spring American Occupational Health Conference (AOHC).

**ACOEM | Improving the care and well being of workers through science and the sharing of knowledge**
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