



ACOEM Courses in Occupational Medicine

- **New to the field of occupational and environmental medicine?** ACOEM courses are the best preparatory training you can receive: practical, relevant, and essential.
- **Experienced OEM physician? Past attendee?** You must remain current in this changing field. Acquire the knowledge and skills to maximize your success. Select the specific training you need.
- **Distance learning opportunities.** ACOEM offers a variety of distance learning opportunities that provide CME credit. Consult www.acoem.org for more information. The ongoing program of the **Journal of Occupational & Environmental Medicine** is described below.

“The American College of Occupational and Environmental Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians”

Foundations in Occupational Medicine

For physicians interested in – but not particularly familiar with – occupational medicine (OM), ACOEM’s Foundations of Occupational Medicine courses provide an excellent and comprehensive introduction. You will obtain practical information that will be useful in managing the clinical, regulatory, and administrative functions of an OM practice – at a primary care level. **This course is presented in two segments that can be taken in any order.**

Occupational Medicine Board Review

If you are striving to reach – or maintain – the definitive credential in your profession – occupational medicine certification by the American Board of Preventive Medicine (ABPM) – look no further for expert assistance and instruction. Now you can prepare confidently for the certifying or recertifying examination. By taking the ACOEM

Occupational Medicine Board Review course, you can refresh your knowledge of the exam’s content, identify strengths and weaknesses in your preparation, and learn how to concentrate on areas needing more review. The American Board of Preventative Medicine hosts a Maintenance of Certification exam at the conclusion of ACOEM’s course. For exam registration and details visit www.theabpm.org.

Medical Review Officer (MRO): Drug and Alcohol Testing Comprehensive Course

This course offers current and aspiring medical review offices (MROs) an excellent opportunity to increase and update their knowledge and familiarity with changes in substance abuse testing and federal regulations affecting the role of MROs. This course will also provide an opportunity to comply with the mandatory Department of Transportation requirements of MRO training and certification.

The Medical Review officer Certification Council (MROCC) holds its certifying exam following the ACOEM course. For exam registration and details visit www.mrocc.org.

Medical Review Officer (MRO): Drug and Alcohol Testing Fast Track

Today, physicians in many specialties conduct drug and alcohol tests for business, industry, government agencies, and schools. The need for trained medical review officers (MROs) to evaluate test results extends to more than 20 million Americans. The Drug-Free Workplace Act affects all federal agencies. Mandatory alcohol and drug testing is now required of all intrastate truckers, commercial driver's license holders, and other transportation workers. In joint government agreements, the United States, Canada, and Mexico also monitor truckers crossing international borders. More than 60 percent of large private employers require drug and alcohol testing. ACOEM has been the educational provider of choice for MROs since 1990. More than 13,000 physicians have completed ACOEM's highly acclaimed training.

The Medical Review officer Certification Council (MROCC) holds its certifying exam following the ACOEM course. For exam registration and details visit www.mrocc.org.

Commercial Driver Medical Examiner

More than eight million truck and bus drivers are required to meet the 13 interstate federal medical requirements. It is critical for all persons involved in such examinations to be fully aware of the available guidance and medical literature that should be considered as part of the certification determination. In addition, it's important to have a comprehensive awareness of the issues involved in evaluating the medical fitness of commercial drivers.

The U.S. Department of Transportation's Federal Motor Carrier Safety Administration (FMCSA) has proposed a new program that would certify medical examiners to be listed on the National Registry of Certified Medical Examiners (NRCME). ACOEM will be offering education that will fulfill the training requirements for this examination. These events will be added to the calendar once the final rule is released.

Musculoskeletal Exam & Treatment Techniques

This two-day course will feature both lectures and interaction with a diverse faculty who will deliver a significant "hands-on" workshop component. The didactic portion will include lectures on general management of work injuries, causality analysis, orthopedic urgencies and emergencies, and the timing and choice of x-rays in addition to discussing examination and treatment techniques for individual body parts. The workshops will review selected aspects of the physical examination and give an overview of injection techniques.

Overall, emphasis will be placed upon those topics that will be of the most relevance to everyday practice. In addition to focusing upon the "usual" diagnosis and treatment issues, the faculty has drawn upon their own considerable experience in reviewing the work of other physicians who manage compensable injuries to get a sense of which aspects of patient care are most often deficient. As a result, this course will not only provide general information regarding the diagnosis and treatment of musculoskeletal injuries, but also will convey how management of patients who have been injured at work differs from management of patients with non-work-related musculoskeletal complaints.

Health and Productivity Management (HPM) Clinic

Worker health is increasingly recognized as one of the defining elements of competitive business advantage. Leading employers are shifting their view of healthcare from a cost to be minimized to an investment in workforce productivity. This dynamic training program is designed for HR/benefits professionals, physicians and other occupational health professionals who want to know how to assess and manage the value from that investment and be able to make their case for change to senior management. The HPM Clinic provides a strong foundation in health and productivity management (HPM) for those who are seeking a basic or applied level of understanding.

[AMA Guides to the Evaluation of Permanent Impairment, Mastering the New 6th Edition](#)

Master the new Sixth Edition of the *AMA Guides to the Evaluation of Permanent Impairment* through insightful presentations and your active involvement in assessing example cases. The U. S. Department of Labor (Office of Workers' Compensation Program) and several state workers' compensation jurisdictions now require use of the Sixth Edition.

As a result of participating in Part I you will be able to: discuss the paradigm shift that has occurred with the Sixth Edition, explain why the International Classification of Functioning, Disability and Health, was chosen as the contemporary model of disablement, demonstrate the use of diagnosis-based grids, and perform musculoskeletal impairment ratings. As a result of participating in Part II you will demonstrate the ability to perform complex musculoskeletal, neurological, pain and other commonly encountered impairment evaluations.

[Work Disability Prevention for Clinicians:](#)

[Mastering your Role in the Stay-at-Work/Return-to-Work Process](#)

After attending this workshop you will be able to deliver more practical value to patients, employers, and insurers. It will increase the accuracy and usefulness of the guidance you give others in the stay-at-work and return-to-work process – and your effectiveness at preventing needless work disability and helping people stay employed.

During the course you will identify an opportunity for improvement in your own work environment and explore the practical steps involved in making that change. You will leave with more wisdom as well as an action plan, as well as a notebook that includes a set of clinical tools including standardized questionnaires, forms, protocols, resource materials, and an annotated bibliography.

[Spirometry Testing in Occupational Health – Physician Update](#)

Occupational medicine physicians frequently use spirometry in their practices, but their training rarely prepares them to appreciate the impact and scope of spirometry's technical pitfalls, nor does it introduce them to optimal spirometry interpretation algorithms. Practitioners may also have to select supplementary diagnostic tests to rule out or establish a diagnosis of lung disease, without understanding the pitfalls involved in these additional tests. This ACOEM course addresses both of these limitations, drawing information on spirometry from a comprehensive NIOSH-approved course, and selecting case examples for a physician audience to illustrate the roles of spirometry and other diagnostic tests in the evaluation of workers for occupational lung disease.

For the current course schedule and registration information go to

<http://www.acoem.org/courses.aspx>

Check out www.acoem.org for distance learning opportunities, and information on the spring American Occupational Health Conference (AOHC).