

# ***CDME Review Newsletter***

## **2007 Index: Winter/Spring/Summer/Fall**

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### **Accidents**

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**Spring 2007** – Impaired or Shortened Sleep a Major Cause of Industrial/Transportation Accidents (*From the Medical Literature*)

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### **Age Issues**

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**Spring 2007** – Medical Certification of "Intrastate-Only" Drivers – Age Issues

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### **Attention Deficit Disorders (ADHD)**

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**Fall 2007** – Drivers with ADHD Predisposed to Impaired Performance (*From the Medical Literature*)

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### **Cardiovascular**

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**Summer 2007** – FMCSA Medical Review Board April 25 Meeting – Cardiovascular Disease Recommendations Presented

**Summer 2007** – Medical Review Board Approves Changes to FMCSA's Cardiovascular Guidelines

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### **Certification**

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**Winter 2007** – FMCSA Proposes to Merge Information from Medical Certificate and the Commercial Driver's License

**Winter 2007** – National Registry of Certified Medical Examiners Update

**Spring 2007** – Medical Certification of "Intrastate-Only" Drivers – Age Issues

**Fall 2007** – Report on FMCSA's NRCME Certification Working Integrated Product Teams

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### **Court Case**

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**Fall 2007** – US Court of Appeals Allows Hours of Service Regulations to Stand

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### **CDME FORUM**

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**Winter 2007** – Prescription Opiates and CMV Operation

**Winter 2007** – Can Insulin-dependent/Limb Impaired Canadian Drivers Operate CMVs in the U.S.? (*CDME Forum*)

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### **Cocaine**

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**Spring 2007** – Driver Admits to Occasional Cocaine Use (*How Would You Handle This?*)

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### **Defibrillators**

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**Spring 2007** – Update on Implantable Defibrillators Placed for Primary Prevention

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### **Diabetes**

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**Winter 2007** – Forty-Five Drivers Granted Diabetes Exemptions

**Spring 2007** – Additional Diabetes Exemptions Granted

**Summer 2007** – Additional Diabetes Exemptions Granted

**Fall 2007** – Diabetes Exemption Application Process Modified

**Fall 2007** – FMCSA Grants Additional Diabetes Exemptions

**Fall 2007** – Diabetes Exemption Dependent on Treating Provider's Statements; May Not be Accurate

**Fall 2007** – Medical Review Board's July 26, 2007, Meeting Focuses on Drivers with Diabetes Mellitus

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### **Exemptions**

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**Winter 2007** – FMCSA Announces Applications for Seizure Exemptions

**Winter 2007** – Forty-Five Drivers Granted Diabetes Exemptions

**Spring 2007** – Additional Diabetes Exemptions Granted

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### **Exemptions (continued)**

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**Summer 2007** – Additional Diabetes Exemptions Granted

**Fall 2007** – Diabetes Exemption Application Process Modified

**Fall 2007** – FMCSA Grants Additional Diabetes Exemptions

**Fall 2007** – FMCSA Announces Additional Applications for Seizure Exemptions

**Fall 2007** – Diabetes Exemption Dependent on Treating Provider's Statements; May Not be Accurate

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### **Federal Drug Administration (FDA)**

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**Spring 2007** – FDA Warns Sleeping Pills Can Cause "Sleep-Driving"

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### **Federal Motor Carrier Safety Administration (FMCSA)**

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**Winter 2007** – FMCSA Proposes to Merge Information from Medical Certificate and the Commercial Driver's License

**Winter 2007** – Summary of FMCSA's Medical Review Board Fall Meeting Now Available

**Winter 2007** – FMCSA Announces Applications for Seizure Exemptions

**Spring 2007** – FMCSA Medical Review Board Meets to Review Use of Schedule II Medications

**Spring 2007** – FMCSA Expert Panel Future Meetings Announced

**Summer 2007** – FMCSA Medical Review Board April 25 Meeting – Cardiovascular Disease Recommendations Presented

**Summer 2007** – Medical Review Board Approves Changes to FMCSA's Cardiovascular Guidelines

**Fall 2007** – FMCSA Grants Additional Diabetes Exemptions

**Fall 2007** – FMCSA Announces Additional Applications for Seizure Exemptions

**Fall 2007** – FMCSA Working Integrated Product Teams Announced – Work Begins

**Fall 2007** – Report on FMCSA's NRCME Certification Working Integrated Product Teams

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### **FROM THE MEDICAL LITERATURE**

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**Spring 2007** – Impaired or Shortened Sleep a Major Cause of Industrial/Transportation Accidents

**Spring 2007** – CPAP Treatment Improves Driving Abilities in OSAS Patients

**Summer 2007** – Effects of Panic Medications on Driving Ability

**Summer 2007** – Most Drivers with Parkinson's Can Safely Operate Motor Vehicles

**Summer 2007** – The MWT as a Predictor of Driving Performance in OSAS Patients

**Fall 2007** – Study Identifies Predictors of Driving Ability after Stroke

**Fall 2007** – Drivers with ADHD Predisposed to Impaired Performance

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### **Health and Wellness**

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**Fall 2007** – TRB Releases Report on Commercial Driver Health and Wellness Programs

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### **Hours of Service**

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**Fall 2007** – U.S. Court of Appeals Allows Hours of Service Regulations to Stand

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### **HOW WOULD YOU HANDLE THIS?**

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**Spring 2007** – Driver Admits to Occasional Cocaine Use

**Spring 2007** – Trucker Withholds Diagnosis from Examiner – Now Faces Manslaughter Charges

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**Impairment**

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**Winter 2007** – Can Insulin-dependent/Limb Impaired Canadian Drivers Operate CMVs in the U.S.? (*CDME Forum*)

**Spring 2007** – Impaired or Shortened Sleep a Major Cause of Industrial/Transportation Accidents (*From the Medical Literature*)

**Fall 2007** – Drivers with ADHD Predisposed to Impaired Performance (*From the Medical Literature*)

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**Insulin**

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**Winter 2007** – Can Insulin-dependent/Limb Impaired Canadian Drivers Operate CMVs in the U.S.? (*CDME Forum*)

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**Intrastate**

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**Spring 2007** – Medical Certification of "Intrastate-Only" Drivers – Age Issues

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**Iraq**

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**Summer 2007** – Truck Driving in Iraq; A Dangerous, but Vital Mission

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**Maintenance of Wakefulness Test (MWT)**

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**Summer 2007** – The MWT as a Predictor of Driving Performance in OSAS Patients

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**Medical Review Board**

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**Winter 2007** – Summary of FMCSA's Medical Review Board Fall Meeting Now Available

**Spring 2007** – FMCSA Medical Review Board Meets to Review Use of Schedule II Medications

**Summer 2007** – FMCSA Medical Review Board April 25 Meeting – Cardiovascular Disease Recommendations Presented

**Summer 2007** – Medical Review Board Approves Changes to FMCSA's Cardiovascular Guidelines

**Summer 2007** – MRB Proposes Changes to Medication Exception

**Fall 2007** – Medical Review Board's July 26, 2007, Meeting Focuses on Drivers with Diabetes Mellitus

**Fall 2007** – Medical Review Board Meeting Postponed

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**Medications**

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**Spring 2007** – FMCSA Medical Review Board Meets to Review Use of Schedule II Medications

**Summer 2007** – MRB Proposes Changes to Medication Exception

**Summer 2007** – Effects of Panic Medications on Driving Ability (*From the Medical Literature*)

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**National Institute for Occupational Safety & Health (NIOSH)**

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**Summer 2007** – NIOSH Releases Report on Truck Driver Occupational Health and Safety

**Fall 2007** – NIOSH to Hold November Meeting on Proposed Survey of U.S. Truck Drivers

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**National Registry of Certified Medical Examiners (NRCME)**

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**Winter 2007** – National Registry of Certified Medical Examiners Update

**Fall 2007** – FMCSA Working Integrated Product Teams Announced – Work Begins

**Fall 2007** – Report on FMCSA's NRCME Certification Working Integrated Product Teams

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**Opiates**

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**Winter 2007** – Prescription Opiates and CMV Operation (*CDME Forum*)

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**Parkinson's**

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**Summer 2007** – Most Drivers with Parkinson's Can Safely Operate Motor Vehicles (*From the Medical Literature*)

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**Risk Factors**

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**Spring 2007** – Comments Sought on Information Collection for CMV Driver Risk Factor Study

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**Seizures**

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**Winter 2007** – FMCSA Announces Applications for Seizure Exemptions

**Fall 2007** – FMCSA Announces Additional Applications for Seizure Exemptions

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**Sleep Disorders**

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**Spring 2007** – FDA Warns that Sleeping Pills Can Cause "Sleep-Driving"

**Spring 2007** – CPAP Treatment Improves Driving Abilities in OSAS Patients (*From the Medical Literature*)

**Spring 2007** – Impaired or Shortened Sleep a Major Cause of Industrial/Transportation Accidents (*From the Medical Literature*)

**Summer 2007** – The MWT as a Predictor of Driving Performance in OSAS Patients (*From the Medical Literature*)

**Fall 2007** – Schneider National Reports Benefits of Their Sleep Apnea Screening Program

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**Stroke**

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**Fall 2007** – Study Identifies Predictors of Driving Ability after Stroke (*From the Medical Literature*)

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**Studies/Surveys**

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**Spring 2007** – Comments Sought on Information Collection for CMV Driver Risk Factor Study

**Fall 2007** – Study Identifies Predictors of Driving Ability after Stroke (*From the Medical Literature*)

**Fall 2007** – NIOSH to Hold November Meeting on Proposed Survey of U.S. Truck Drivers

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**Transportation Research Board (TRB)**

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**Fall 2007** – TRB Releases Report on Commercial Driver Health and Wellness Programs

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