ACOEM Courses in Occupational Medicine

- **New to the field of occupational and environmental medicine?** ACOEM courses are the best preparatory training you can receive: practical, relevant, and essential.

- **Experienced OEM physician? Past attendee?** You must remain current in this changing field. Acquire the knowledge and skills to maximize your success. Select the specific training you need.

- **Distance learning opportunities.** ACOEM offers both online and through the mail distance learning opportunities that provide CME credit. Consult [www.acoem.org](http://www.acoem.org) for more information. The ongoing program of the *Journal of Occupational & Environmental Medicine* is described below.

The American College of Occupational and Environmental Medicine (ACOEM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. See information below for each program.

**Foundations in Occupational Medicine**
For physicians interested in – but not particularly familiar with – occupational medicine (OM), ACOEM’s Foundations of Occupational Medicine courses provide an excellent and comprehensive introduction. You will obtain practical information that will be useful in managing the clinical, regulatory, and administrative functions of an OM practice – at a primary care level. This course is presented in two segments that can be taken in any order.

**CME Credit** ACOEM designates this live activity for a maximum of 15 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit** This activity satisfies 15 ABPM MOC credits.

**Occupational Medicine Board Review**
If you are striving to reach – or maintain – the definitive credential in your profession – occupational medicine certification by the American Board of Preventive Medicine (ABPM) – look no further for expert assistance and instruction. Now you can prepare confidently for the certifying or recertifying examination. By taking the ACOEM Occupational Medicine Board Review course, you can refresh your knowledge of the exam’s content, identify strengths and weaknesses in your preparation, and learn how to concentrate on areas needing more review. The American Board of Preventative Medicine hosts a Maintenance of Certification exam at the conclusion of ACOEM’s course. For exam registration and details visit [www.theabpm.org](http://www.theabpm.org).

**CME Credit** ACOEM designates this live activity for a maximum of 15 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit** This activity satisfies 15 ABPM MOC credits.

**Medical Review Officer (MRO): Drug and Alcohol Testing Comprehensive Course**
This course offers current and aspiring medical review offices (MROs) an excellent opportunity to increase and update their knowledge and familiarity with changes in substance abuse testing and federal regulations affecting the role of MROs. This course will also provide an opportunity to comply with the mandatory Department of Transportation requirements of MRO training and certification. The Medical Review officer Certification Council (MROCC) holds its certifying exam following the ACOEM course. For exam registration and details visit [www.mrocc.org](http://www.mrocc.org).

**CME Credit** ACOEM designates this live activity for a maximum of 15 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit** This activity satisfies 15 ABPM MOC credits.
Medical Review Officer (MRO): Drug and Alcohol Testing Fast Track

Today, physicians in many specialties conduct drug and alcohol tests for business, industry, government agencies, and schools. The need for trained medical review officers (MROs) to evaluate test results extends to more than 20 million Americans. The Drug-Free Workplace Act affects all federal agencies. Mandatory alcohol and drug testing is now required of all intrastate truckers, commercial driver's license holders, and other transportation workers. In joint government agreements, the United States, Canada, and Mexico also monitor truckers crossing international borders. More than 60 percent of large private employers require drug and alcohol testing. ACOEM has been the educational provider of choice for MROs since 1990. More than 13,000 physicians have completed ACOEM’s highly acclaimed training.

The Medical Review officer Certification Council (MROCC) holds its certifying exam following the ACOEM course. For exam registration and details visit www.mrocc.org.

**CME Credit** ACOEM designates this live activity for a maximum of 12 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit** This activity satisfies 12 ABPM MOC credits.

Medical Review Officer (MRO) Assistant Course

Testing for illicit drugs, alcohol and prescription medication continues to grow at the workplace and in communities (e.g., schools, sports). More than 60 percent of large private employers require drug and alcohol testing. ACOEM has been the educational provider of choice for MROs since 1990. More than 13,000 physicians have completed ACOEM’s highly acclaimed training.

ACOEM offers a 1-day training course for MRO Assistants who provide support to Medical Review Officers (MROs). Under the U.S. Department of Transportation (DOT) drug and alcohol testing procedures, MRO must supervise MRO assistants, including having personal oversight of assistants’ work; line authority over assistants for decisions, direction, and control; and regular contact and oversight concerning drug testing program matters.

**CME Credit** ACOEM designates this live activity for a maximum of 7.5 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit** This activity satisfies 7.5 ABPM MOC credits. The Medical Review officer Certification Council (MROCC) offers an online MRO-A certification exam. *(Participation in an MRO Assistant training course is required to sit for the exam.)* For exam registration and details visit www.mrocc.org.

Commercial Driver Medical Examiner

More than eight million truck and bus drivers are required to meet the 13 interstate federal medical requirements. Nine of these requirements are left intentionally vague and provide a great deal of latitude to the medical examiner. Examiners may be physicians or any health care provider licensed by their state practice act to perform examinations. It is critical for all persons involved in such examinations to be fully aware of the available guidance and medical literature that should be considered as part of the certification determination. In addition, it’s important to have a comprehensive awareness of the issues involved in evaluating the medical fitness of commercial drivers.

**CME Credit** ACOEM designates this live activity for a maximum of 7.5 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit** This activity satisfies 7.5 ABPM MOC credits.

Medical Center Occupational Health & Safety

The growing complexity of health care environments has resulted in a need for occupational medicine physicians and other providers of occupational medical services to acquire an increased level of sophistication. This need applies not only to developing a broad and up-to-date knowledge base regarding hospital-specific standards, but also to teaching the realities of program implementation and organization of services.

**CME Credit** ACOEM designates this live activity for a maximum of 15 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit** This activity satisfies 15 ABPM MOC credits.
**Musculoskeletal Exam & Treatment Techniques**
This two-day course will feature both lectures and interaction with a diverse faculty who will deliver a significant “hands-on” workshop component. The didactic portion will include lectures on general management of work injuries, causality analysis, orthopedic urgencies and emergencies, and the timing and choice of x-rays in addition to discussing examination and treatment techniques for individual body parts. The workshops will review selected aspects of the physical examination and give an overview of injection techniques.
Overall, emphasis will be placed upon those topics that will be of the most relevance to everyday practice. In addition to focusing upon the “usual” diagnosis and treatment issues, the faculty has drawn upon their own considerable experience in reviewing the work of other physicians who manage compensable injuries to get a sense of which aspects of patient care are most often deficient. As a result, this course will not only provide general information regarding the diagnosis and treatment of musculoskeletal injuries, but also will convey how management of patients who have been injured at work differs from management of patients with non-work-related musculoskeletal complaints.

**CME Credit** ACOEM designates this live activity for a maximum of 15 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit** This activity satisfies 15 ABPM MOC credits.

**Health and Productivity Management (HPM) Clinic**
Worker health is increasingly recognized as one of the defining elements of competitive business advantage. Leading employers are shifting their view of healthcare from a cost to be minimized to an investment in workforce productivity. This dynamic training program is designed for HR/benefits professionals, physicians and other occupational health professionals who want to know how to assess and manage the value from that investment and be able to make their case for change to senior management. The HPM Clinic provides a strong foundation in health and productivity management (HPM) for those who are seeking a basic or applied level of understanding.

**CME Credit** ACOEM designates this live activity for a maximum of 6.0 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit** This activity satisfies 6.0 ABPM MOC credits.

**AMA Guides to the Evaluation of Permanent Impairment, Mastering the New 6th Edition**
Master the new Sixth Edition of the AMA *Guides to the Evaluation of Permanent Impairment* through insightful presentations and your active involvement in assessing example cases. The U. S. Department of Labor (Office of Workers’ Compensation Program) and several state workers’ compensation jurisdictions now require use of the Sixth Edition.
As a result of participating in Part I you will be able to: discuss the paradigm shift that has occurred with the Sixth Edition, explain why the International Classification of Functioning, Disability and Health, was chosen as the contemporary model of disablement, demonstrate the use of diagnosis-based grids, and perform musculoskeletal impairment ratings. As a result of participating in Part II you will demonstrate the ability to perform complex musculoskeletal, neurological, pain and other commonly encountered impairment evaluations.
Participants may register for Part I (day one) and/or Part II (day two) of this course.

**CME Credit** ACOEM designates this live activity for a maximum of 15 AMA PRA category 1 credit(s)™. Each physician should only claim credit commensurate with the extent of their participation on the activity.

**ABPM MOC Credit** This activity satisfies 15 ABPM MOC credits.

**OSHA Injury and Illness Recordkeeping Process**
In 1970, Congress passed the occupational Safety and Health Act. The Act requires that some employers report workplace injuries and illnesses that meet certain requirements. This Course will give a detailed review of the recordkeeping rules and requirements, underlying concepts, case analysis process, recording criteria and mechanics, and auditing process. In addition, OSHA’s recent Recordkeeping National Emphasis Program will be covered.

**CME Credit** ACOEM designates this live activity for a maximum of 7.5 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit** This activity satisfies 7.5 ABPM MOC credits.
Work Disability Prevention for Clinicians: Mastering your Role in the SAW/ RTW Process
You will discover opportunities to deliver more practical value to patients, employers, and insurers by attending this workshop. It will increase the accuracy and usefulness of the guidance you give others in the stay-at-work and return-to-work process - and your effectiveness at preventing needless work disability and helping people stay employed. Using ACOEM’s two recent reports on these topics as a starting point, the course includes a brief review of data and research on the positive impact that a clinician’s intervention can have. Next, the 6 logical steps in SAW/RTW decision-making will be clarified, along with tools and resources to support you at each step. After identifying an opportunity for improvement in your own work environment, you will explore the practical steps involved in making that change with other attendees. You will leave with an action plan and a notebook with an annotated bibliography, a set of clinical tools including standardized questionnaires, forms, protocols and other resource materials.

**CME Credit**  ACOEM designates this live activity for a maximum of 7.5 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit**  This activity satisfies 7.5 ABPM MOC credits.

ACOEM Practice Guidelines Course
*ACOEM Practice Guidelines* - the newest evidence based occupational medicine practice recommendations. Should you recommend shock wave therapy for your patient with recalcitrant lateral epicondylitis? How about acupuncture? Is surgery likely to benefit low back pain patients? What are the most effective treatments for patients with chronic pain? How can I use guidelines to assure reimbursement for my services?

This course reviews the latest evidence based recommendations from the *ACOEM Practice Guidelines*. In addition to reviewing the evidence based methodology of the guidelines, which serves as a foundation for analyzing the issues involved in providing a given intervention, you will learn of the newest changes to the guidelines, apply them to specific case examples, and learn how to use the recommendations to support insurance coverage for care.

**CME Credit**  ACOEM designates this live activity for a maximum of 15 AMA PRA category 1 credit(s)™. Each physician should only claim credit commensurate with the extent of their participation on the activity.

**ABPM MOC Credit**  This activity satisfies 15 ABPM MOC credits.

NIOSH-Approved Spirometry Refresher – Physician Update
Spirometry is widely used in occupational health, but physician training rarely emphasizes spirometry’s pitfalls or optimal interpretative algorithms. In addition, other diagnostic tests must often be obtained to establish or rule out a diagnosis of lung disease, and practitioners may be unclear about the best tests to select. This ACOEM course addresses both of these issues, taking advantage of NIOSH’s review and approval of the course’s comprehensive spirometry content, and including additional case examples to illustrate the use of spirometry along with other tests to evaluate workers for lung disease. The 2010 ACOEM and 2005 American Thoracic Society (ATS) spirometry guidelines are highlighted, techniques and equipment are demonstrated, participant spirometry reports will be critiqued, and discussion and Q&A are encouraged. However, this course confers no formal NIOSH spirometry certification unless a full NIOSH-approved course was completed since 2000 and other conditions have been met.

**CME Credit**  ACOEM designates this live activity for a maximum of 7.5 AMA PRA category 1 credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

**ABPM MOC Credit**  This activity satisfies 7.5 ABPM MOC credits.